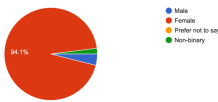


Fertility Preservation in Portugal - results from a population survey

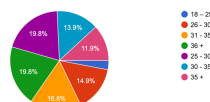
Vladimiro Silva and Lisa-Marie Els
Ferticentro, Coimbra
Procriar, Porto

- The improvement of oocyte cryopreservation techniques, the publication of a growing number of reassuring papers, and recent recommendations from some of the most important scientific societies, have turned female fertility preservation (FP) into a valid option for women that, for social reasons, have not yet been able to have all the children they want and are concerned about their biological clock.
- This survey was designed to try to understand the motivations, concerns, and drivers of women about FP, thus allowing to adapt communication from doctors, nurses, embryologists, and fertility clinics.

How do you identify your gender? Please select the option that best reflects your gender identity:
 101 responses

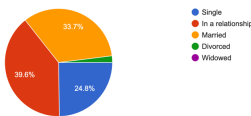


How old are you?
 101 responses

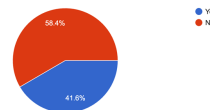


- 94% of the participants were women, 68.4% aged 18-35.

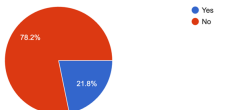
What is your relationship status?
 101 responses



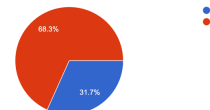
Have you ever been pregnant before (a positive pregnancy test)?
 101 responses



Have you or your partner had a history of a miscarriage (pregnancy loss earlier than 20 weeks)?
 101 responses



Have you ever considered, discussed or undergone fertility preservation (egg freezing) as an option for your future family planning?
 101 responses



- 15.9% have extensively researched the topic, or supported a friend, or works in a fertility clinic
- 46.5% possess a basic understanding of egg freezing
- 34.7% have heard about the concept but lack knowledge
- 2% are not familiar with egg freezing

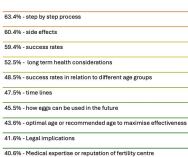
Reasons for not considering fertility preservation



Reasons for considering fertility preservation



What topics interest you most?



How would you want a doctor to speak to you about egg freezing?



This survey highlights the importance of education and dissemination of information to ensure a more informed understanding of female FP among the general population. Patients seem to prefer an objective, reliable, medical, and scientific approach, rather than a tone of communication based on emotions.